

POS.	DOR	NOME	CLUBE	CAT	POS	T NETO	TIEMPO	T/KM	DIF.
1	4	Lorenzo Lopez, Manuel	C.D.Pinarium	ABSM	1	19:10	19:11.34	3:37	
2	96	Janeiro Lorenzo, Jorge	C.D. Pinarium	ABSM	2	19:15	19:15.78	3:38	0:00:05
3	25	Pereiro Alonso, Diego		ABSM	3	19:20	19:20.65	3:39	0:00:10
4	52	Vieites Carballo, Manuel	Cuntis	V1M	1	19:32	19:31.92	3:41	0:00:21
5	6	Santiago Estevez, Santiago		SNM	1	19:50	19:51.14	3:45	0:00:40
6	56	Piña Gonzalez, Marcos Eduardo	Comesaña S. C.	V1M	2	20:15	20:18.63	3:50	0:01:08
7	17	Alonso Pazos, Jose Ramon	AS. DEPORTIVA C.A.R	SNM	2	20:34	20:35.05	3:53	0:01:24
8	70	Bernardez Macia, Santiago		V2M	1	20:41	20:43.32	3:55	0:01:32
9	37	Feijoo Traveso, Ignacio		V1M	3	20:51	20:52.69	3:56	0:01:42
10	65	Gonzalez Piñeiro, Gonzalo		V2M	2	20:53	20:53.95	3:57	0:01:43
11	72	Fervenza Fragueiro, Jose Andres	AS. DEPORTIVA C.A.R	V2M	3	20:55	20:57.05	3:57	0:01:46
12	61	Rodriguez Lopez, Gonzalo	AS. DEPORTIVA C.A.R	V1M	4	21:05	21:06.04	3:59	0:01:55
13	55	Ulla Rega, Manuel		V1M	5	21:09	21:11.61	4:00	0:02:01
14	50	Fandiño Cerqueira, Manuel Enrique		V1M	6	21:13	21:13.68	4:00	0:02:03
15	47	Figueroa Fernandez, Ricardo		V1M	7	21:15	21:17.91	4:01	0:02:07
16	53	Iglesias Cabaleiro, Alberto	AS. DEPORTIVA C.A.R	V1M	8	21:32	21:33.83	4:04	0:02:23
17	12	Gil Conde, Alfonso	AS. DEPORTIVA C.A.R	SNM	3	21:45	21:47.68	4:07	0:02:37
18	63	Meis Veiga, Faustino		V2M	4	21:58	21:58.40	4:09	0:02:47
19	14	Maceira Gradin, Joaquin		SNM	4	22:01	22:05.49	4:10	0:02:54
20	60	Garcia Miñan, Faustino	AS. DEPORTIVA C.A.R	V1M	9	22:19	22:20.76	4:13	0:03:10
21	69	Rodriguez Sartal, Jorge		V2M	5	22:28	22:30.31	4:15	0:03:19
22	45	Gomez Gonzalez, Ramon		V1M	10	22:56	22:58.74	4:20	0:03:48
23	21	Darriba Barba, Abel	AS. DEPORTIVA C.A.R	SNM	5	23:00	23:01.83	4:21	0:03:51
24	90	Camean Lampon, Juan	Vet. Samil/Manuel Tomas	V3M	1	23:13	23:14.80	4:23	0:04:04
25	84	Hernandez Moldes, Enrique		V2M	6	23:16	23:17.18	4:24	0:04:06
26	87	Mariño Garcia, Jose Manuel		V3M	2	23:18	23:18.60	4:24	0:04:08
27	80	Rodal Vidal, Jorge F.	C.D.Pinarium	V2M	7	23:24	23:27.70	4:26	0:04:17
28	11	Chan Sada, Ruben		SNM	6	23:26	23:30.09	4:26	0:04:19
29	26	Navia Iglesias, Ruben	Keltic Vigo	SNM	7	23:29	23:34.71	4:27	0:04:24
30	16	Gil Martinez, Marcos		SNM	8	23:35	23:37.53	4:27	0:04:27
31	62	Dominguez Couñago, Jose Manuel		V2M	8	23:46	23:48.56	4:30	0:04:38
32	79	Vazquez Vidal, Antonio		V2M	9	23:52	23:57.61	4:31	0:04:47
33	77	Miranda Gonzalez, Francisco	universidad de vigo	V2M	10	23:57	23:59.64	4:32	0:04:49
34	95	Miguez De La Iglesia, Agustin		SNM	9	24:02:00	24:04.71	4:33	0:04:54
35	74	Calvo Lopez, Jose Antonio		V2M	11	24:21:00	24:26.93	4:37	0:05:16
36	59	Mateos Garcia, Guillermo		V1M	11	24:28:00	24:29.73	4:37	0:05:19
37	88	Piñeiro Perez, Juan Miguel		V3M	3	24:29:00	24:30.29	4:37	0:05:19
38	67	Leis Mouriño, Oscar		V2M	12	24:37:00	24:40.14	4:39	0:05:29
39	57	Perez Esco, Francisco		V1M	12	24:43:00	24:47.10	4:41	0:05:36
40	49	Garabatos Barciela, David	AS. DEPORTIVA C.A.R	V1M	13	24:49:00	24:54.48	4:42	0:05:43
41	27	Cendon Dominguez, Marcos	Metropolitan	V1M	14	24:52:00	24:54.72	4:42	0:05:44
42	73	Casal Pazos, Manuel		V2M	13	24:55:00	25:00.66	4:43	0:05:50
43	54	Brocos Baluja, Jose Manuel		V1M	15	24:55:00	25:03.70	4:44	0:05:53
44	134	Insaurralde Ramirez, Vanesa	Escola Atletismo Deza	ABSF	1	25:12:00	25:16.67	4:46	0:06:06
45	2	Soto Nogueira, Miguel		JNM	1	25:23:00	25:24.09	4:48	0:06:13
46	23	Gil Alfonso, Israel		SNM	10	25:26:00	25:28.06	4:48	0:06:17
47	75	Bouzon Junquera, Francisco Luis		V2M	14	25:28:00	25:34.41	4:50	0:06:23
48	7	Bouzon Villar, Diego		SNM	11	25:35:00	25:39.38	4:50	0:06:28
49	24	Perez Pichel, Ruben		SNM	12	25:42:00	25:46.22	4:52	0:06:35
50	8	Alonso Novoa, Javier		SNM	13	25:52:00	25:56.39	4:54	0:06:45
51	1	Magdalena, Javi		V1M	16	25:52:00	25:57.37	4:54	0:06:46
52	92	Riera Cachero, Antonio	Escola Atletismo Deza	V4M	1	25:55:00	25:58.91	4:54	0:06:48
53	85	Videira Correa, Alberto		V2M	15	25:57:00	26:01.43	4:55	0:06:50
54	22	Fernandez Pequeño, Francisco		SNM	14	26:06:00	26:07.21	4:56	0:06:56
55	13	Graña Cousido, Javier		SNM	15	26:06:00	26:10.60	4:56	0:07:00
56	150	Ventoso Maneiro, Mñcarmen		ABSF	2	26:15:00	26:15.81	4:57	0:07:05
57	124	Alonso, Ale		ABSF	3	26:20:00	26:27.84	5:00	0:07:17
58	42	Alvarez Estevez, Oscar	keltic vigo	V1M	17	26:21:00	26:28.50	5:00	0:07:18
59	46	Goberna Comesaña, Miguel Angel		V1M	18	26:25:00	26:33.66	5:01	0:07:23
60	76	Vicente Rodriguez, Modesto W.		V2M	16	26:38:00	26:47.37	5:03	0:07:36

61	83	Verdeal Gonzalez, Basilio	Currelas Team Running	V2M	17	26:44:00	26:51.63	5:04	0:07:41
62	10	Jorge Guille, Jonatan		SNM	16	26:48:00	26:54.15	5:05	0:07:43
63	40	Goberna Comesaña, Marcos		V1M	19	27:04:00	27:14.26	5:08	0:08:03
64	145	Miranda Gonzalez, Isabel	Castrelos 20:29	V2F	1	27:17:00	27:20.80	5:10	0:08:10
65	9	Romay, Miguel		SNM	17	27:19:00	27:22.69	5:10	0:08:12
66	41	Dominguez Paz, Sergio		V1M	20	27:26:00	27:31.11	5:12	0:08:20
67	136	Sordo Garcia, Maria Teresa		V1F	1	27:33:00	27:35.78	5:12	0:08:25
68	86	Santome Estevez, Bieito		V3M	4	27:44:00	27:47.66	5:15	0:08:37
69	51	Marin, Jacinto		V1M	21	27:54:00	28:00.50	5:17	0:08:49
70	142	Gonzalez Vazquez, Maria Del Pilar		V2F	2	28:00:00	28:05.25	5:18	0:08:54
71	68	Rodriguez Pena, Jorge		V2M	18	28:00:00	28:07.17	5:18	0:08:56
72	20	Rodiño Guzman, Juan		SNM	18	28:17:00	28:22.61	5:21	0:09:12
73	135	Rivas Iglesias, Maria		V1F	2	28:35:00	28:37.64	5:24	0:09:27
74	19	Gonzalez Curro, Braulio		SNM	19	28:47:00	28:56.33	5:28	0:09:45
75	143	Mosquera Rodriguez, Ana Isabel	maisquauga	V2F	3	28:49:00	28:58.83	5:28	0:09:48
76	71	Costa Garcia, Jose Carlos		V2M	19	28:59:00	29:06.12	5:29	0:09:55
77	97	Orge Lorenzo, Manuel		V2M	20	29:15:00	29:18.68	5:32	0:10:08
78	44	Blanco Otero, Miguel		V1M	22	29:15:00	29:19.67	5:32	0:10:09
79	144	Estevez Freire, Maria Elena		V2F	4	29:21:00	29:23.95	5:33	0:10:13
80	34	Frade Agra, Jose Alberto	Escola Atletismo Deza	V1M	23	29:33:00	29:37.57	5:35	0:10:27
81	137	Vilar Vazquez, Leticia	Escola Atletismo Deza	V1F	3	29:44:00	29:49.23	5:38	0:10:38
82	64	Caeiro Casas, Emilio		V2M	21	29:48:00	29:56.91	5:39	0:10:46
83	94	Romero Otero, Santiago		V2M	22	29:56:00	29:59.22	5:39	0:10:48
84	147	Perez Fontenla, Begoña		V2F	5	29:57:00	30:05.29	5:41	0:10:54
85	35	Iglesias Ferreira, Jose Manuel		V1M	24	30:05:00	30:06.90	5:41	0:10:56
86	129	Martinez Gandara, Onaira	Autotodo Carballiño	SNF	1	30:42:00	30:49.13	5:49	0:11:38
87	38	Portela Alonso, David		V1M	25	30:44:00	30:51.34	5:49	0:11:40
88	131	Fariña Sousa, Noemi	CD Pinarium	SNF	2	31:13:00	31:16.02	5:54	0:12:05
89	89	Falcon reguera, Luciano		V3M	5	31:26:00	31:33.09	5:57	0:12:22
90	148	Gonzalez Mera, Regina	lñstregos coia	V2F	6	31:31:00	31:35.21	5:58	0:12:24
91	133	Fernandez Lorenzo, Lidia		V1F	4	32:14:00	32:20.99	6:06	0:13:10
92	141	Gomez Gomez, Rosa		V2F	7	32:22:00	32:33.12	6:09	0:13:22
93	78	Alonso Lago, Jose		V2M	23	32:27:00	32:37.13	6:09	0:13:26
94	81	Reguera Ocampo, Agustin		V2M	24	33:26:00	33:34.07	6:20	0:14:23
95	149	Ferreira Otero, Ana Maria		V2F	8	33:26:00	33:34.85	6:20	0:14:24
96	126	Alonso Garcia, Carolina		SNF	3	33:35:00	33:39.10	6:21	0:14:28
97	28	Gelpi Alvarez, Luis		V1M	26	34:32:00	34:39.86	6:32	0:15:29
98	139	Perez Otero, Ana Maria		V1F	5	34:37:00	34:44.26	6:33	0:15:33
99	66	Gandara Bouza, Jose Alejandro	Castrelos 20:30	V2M	25	34:48:00	34:52.91	6:35	0:15:42
100	32	Rivas Martinez, Marcos		V1M	27	35:06:00	35:21.00	6:40	0:16:10
101	127	Vazquez Rosales, Sara		SNF	4	35:40:00	35:46.72	6:45	0:16:36
102	36	García Afonso, Airam		V1M	28	36:35:00	36:40.13	6:55	0:17:29
103	132	Vidal Vilan, Olivia		V1F	6	36:36:00	36:40.66	6:55	0:17:30
104	146	Verea Argibay, Mñ Jesus		V2F	9	38:22:00	38:32.44	7:16	0:19:21
105	140	Sanchez Navia, Angeles	TRAN-TRAN	V1F	7	38:22:00	38:32.62	7:16	0:19:22
106	128	Nogueira Garrido, Eloisa		SNF	5	38:46:00	38:53.79	7:20	0:19:43
107	33	Lorenzo Martinez, Jose Ramon		V1M	29	41:24:00	41:29.80	7:50	0:22:19
108	138	Aedo Rodriguez, Zoraika Lucia		V1F	8	41:31:00	41:37.60	7:51	0:22:27
109	82	Barros Abalde, Alejandro		V2M	26	41:40:00	41:45.38	7:53	0:22:34
		http://www.cronotec.es/resultados.html							